

**TELEDOC** **for TRS Active Care/Aetna Members**

**Talk to a doctor anytime   
1-855-835-2362**

As a TRS-ActiveCare plan participant you and your eligible dependents have 24/7/365 access to U.S. board-certified doctors and pediatricians by phone.

Teladoc can treat conditions like:

* Cold and flu symptoms
* Allergies
* Bronchitis
* Ear infections
* Respiratory infections
* Sinus problems
* Skin problems
* …and More

The consultation is covered at 100% for **ActiveCare Select** plan and **ActiveCare 2**plan. Under the **ActiveCare 1-HD** plan your cost is a $40 consultation fee that counts towards your deductible and out-of-pocket maximum.

**Get Started**

* **Visit Teladoc online at**[**www.teladoc.com/trsactivecare**](http://www.teladoc.com/trsactivecare)**and click on "Set Up Account."**
* **Download the mobile app** at [**www.teladoc.com/mobile**](http://www.teladoc.com/mobile).
* **Text** "***Get Started***" to **469-804-9918** for instructions on setting up your account.
* **Call 1-855-Teladoc (835-2362)**to set up your account by phone.